



Turning Point

Adult and Geriatric Outpatient
Psychiatric Treatment Services

Patient-Centered Treatment Team

To provide the best quality patient care, our treatment team works with each patient to assess individual needs. When appropriate, the team also enlists the following professional hospital services:

- Behavioral Health Unit • Medical Detox Services
- Rehabilitation Services • Inpatient Medical/Surgical Services • Radiology • Emergency Department
- Lab Services

Our Primary Purpose

Turning Point at Mission Community Hospital provides a critical link in the continuum of care by offering an alternative to hospitalization for the treatment of mental health disorders. In a safe and supportive environment, individuals receive group psychotherapy in an outpatient setting with the goal of minimizing the risk of hospitalization. Outpatient Psychiatric Treatment Services also provide a structured environment after hospitalization. The Outpatient Program treats adults ages 18 and over. The program also offers a specific geriatric track for those 55 and over.

Treatment Program

Turning Point offers both specific Adult and Geriatric programs. The Geriatric program focuses on the issues associated with aging, depression and other mental health issues. The Adult program has several different tracks that address a wide range of mental health illnesses and levels of functioning. Both offer a distinguished clinical program that includes:

- Individual and Group Psychotherapy • Case Management • Medication Management • Addiction Issues and Education • Men's and Women's Groups • Grief and Loss Groups • Expressive Therapies • Specific Geriatric Programs • DBT Skills Groups • CBT Groups • Trauma/PTSD groups • Anger Management • Stress Management and more...

Specific Geriatric Programs: A tailored group setting for Seniors experiencing depression, anxiety, grief & loss, and more.

Special Features

- Continental Breakfast, Lunch and Nutritious Snacks
- Special Dietary Needs Accommodated
- Transportation Provided
- Large Outdoor Garden Patio
- 24-hour Call Center for Psychiatric Emergencies

Your Personal Care Team

Our caring, multidisciplinary team is committed to making your experience as convenient and comfortable as possible. We offer an experienced staff that includes:

- Psychiatrists • Medical Physicians • Psychologists
- Marriage and Family Therapists • Social Workers
- Psychiatric Nurses

Why Choose Our Program?

Our program is designed to help people suffering from a wide range of mental health issues. Our supportive staff and the groups we offer help our patients feel supported, loved and cared for. We provide teaching skills that can decrease symptoms and coping skills that will allow healing to take place.

Most insurance plans accepted

Our Intake staff will be glad to answer all treatment and financial questions. For more information call **(818) 904-3635**

Our location is in the Medical Office Building on the Mission Community Hospital Campus.

Turning Point

14860 Roscoe Boulevard #108
Panorama City, CA 91402
(818) 904-3635
(818) 904-3144 Fax

For more information about Mission Community Hospital please contact us at: **(818) 787-2222** or visit us at: www.mchonline.org
14850 Roscoe Boulevard, Panorama City, CA 91402

Mission Community Hospital®
*Compassionate Healthcare.
Quality Healthcare.*

Our physicians have many years of experience working with the chronically mentally ill and provide some of the most progressive psychopharmacology treatment available. Mission Community Hospital is pleased to have the Turning Point Program as part of our treatment continuum.